



## Back to school

## 

September 2021

#### BELL SCHEDULE

PROPERTY OF THE PROPERTY OF TH	
Block 1	7:59 – 9:12 am
Block 2	9:16 – 10:29 am
FLEX	10:29 – 10:58 am
Block 3	11:02 am – 12:15 pm
LUNCH	12:15 pm – 12:55 pm
Block 4	12:59 pm – 2:11 pm
Block 5	2:15 pm – 3:27 pm

#### 2021-2022 HWSS STUDENT COUNCIL

As a member of Heritage Woods Student Council, you will be representing the student body and should be able to bring positive changes you want to see in our school.

Application Forms are available at the main office.

DEADLINE to return completed application form is Friday, October 1<sup>st</sup>.

→ Please return to the main office.

#### **AMC 10/12**

Hello Math Contest Writers . . . We are back!

- 25 MC questions in 60 minutes
- Open to all grades
- Contest Date: November 10th
- Cost: \$15

Register by September 24<sup>th</sup>
See Ms. Paisley in Room 232 for more info

Are you looking for volunteer hours?





HOSTS



We are a student-run club that brings students volunteering opportunities through organizing major school events! For example, picture day, grad ceremony, capstone day, senior's tea, parent teacher conference, etc.

Scan the QR Code --> to sign up!



For any inquiries/questions, email hostclubhwss@gmail.com or DM @hwsshostclub on instagram

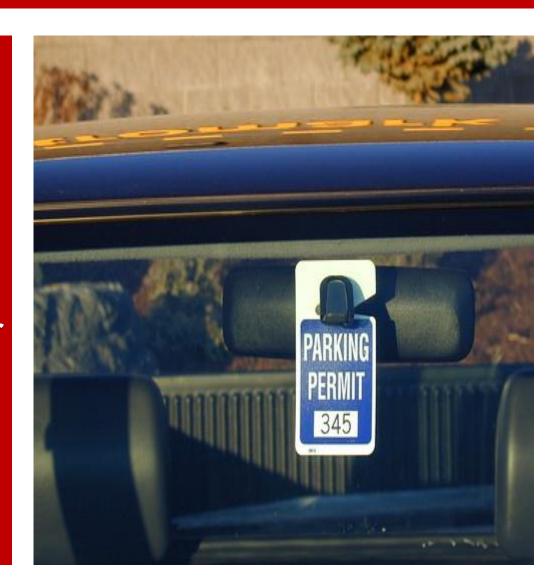
#### Students needed to work in the Cafeteria!

Work for the first 20 minute of lunch \$15.20 per hour + 50% off food! See Karen in the cafeteria, if interested.

#### STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

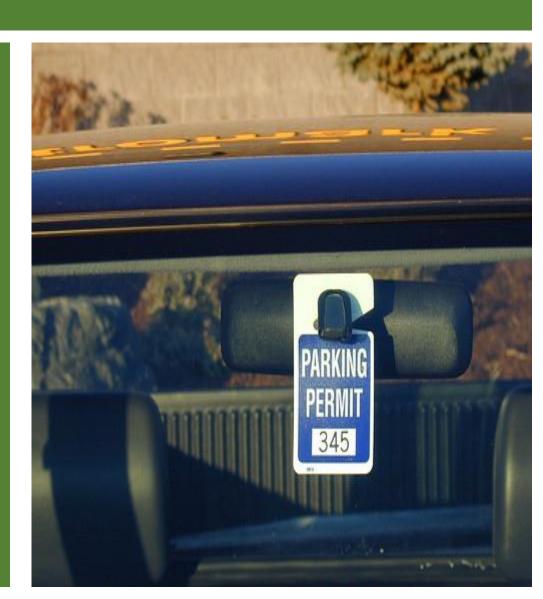
Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



#### STUDENT PARKING PASSES

If you completed the registration form your Parking Pass is ready for p/u from the main office.

Usually hang from rear view mirror.



#### **Vending Machines in the Grand Hall**

If you use the vending machine and . . .

- a) Product gets stuck in the machine
- b) No product is received
- c) No change given



Please call the telephone number on the machine.

CANTEEN 1-866-292-8363 (the machine # must be provided for any request). Located at the top of Vending Machine.

- Please give your first and last name
- School Heritage Woods Secondary School
- \*follow the prompts

If you do not report it, you will not be refunded.



## HRICG HRIG



- Come visit us at
  Suter Brook Village,
  146 Brew Street,
  Port Moody, BC
- Walk in Interviews September 22<sup>nd</sup> and September 23<sup>rd</sup> 3:00pm - 6:00pm
- For any inquiries please call: 778.865.3141

## KODIAK ATHLETICS



## KODIAKS VOLLEYBALL Next week's practice schedule

September	September	September	September
21	22	23	24
3:45 – JGV	3:45 – SBV /	3:45 – JGV	Professional
5:30 – 9GV	SGV	5:30 – 9GV	
7:15 -	5:30 – JBV 7:15 -	7:15	Day

# CLUBS





#### Join Waterlution Club

@hwsswaterlutionclub

- Initiate water conservation efforts in our school community
- Lead events that enhance water knowledge and appreciation
- Support advances towards water security, climate and equity

## Executive and General Member positions are now open!

Apply Here



Executive position deadline: Sept. 30th, 2021

General member sign-up is open throughout the year













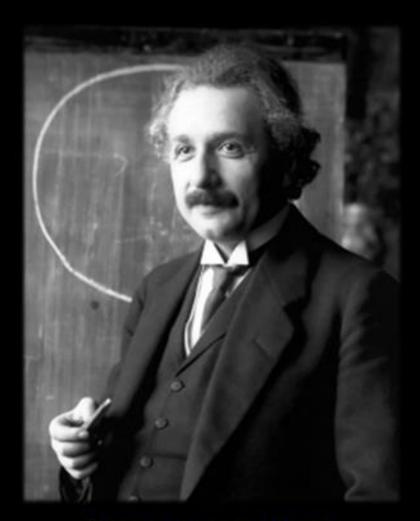
#### **Join Physics Club**

#### When:

Monday September 20 @ 3:30pm

Where:

Room 304



"I have no special talents, I am only passionately curious"

#### MEETINGS ON WEDNESDAYS AT LUNCH IN ROOM 213

### JOIN WYNS CLUB!!!





Do YOU want to help the community?

- Volunteer hours
- Fundraising
- Partnered with Eagle Ridge Hospital
- Helping kids with medical conditions and providing for those in need
- Looks fantastic on University Applications!!!





The art room is opened for students creating their artworks, or connecting with other students who are working on their portfolios.

- Senior students in Studio Arts 2 D and 3D are welcome.
- Anyone who is working on their art portfolios are also welcomed.
- Time: lunch time
- Venue: Room 214
- Sponsor Teacher: Mr. Ting

Runs every day ©

#### Join Model United Nations!

- Learn to strategize and debate!
- Gain public speaking skills!
- Become familiar with real world events!
- Great for university applications ©



- Meet at Lunch
- Tuesday, Sept. 21st
- Library

Scan the QR code to sign up!



## CAREER CENTER





#### **ACADEMIC FOUNDATIONS FOR POTENTIAL NURSING APPLICANTS**

- Applications for FALL 2022 WILL OPEN ON MONDAY OCTOBER 04, 2021 AT 9 AM and will close on Wednesday october 06, 2021 at 4 pm. You should be ready to apply at 9 am October 04.
- Students applying for this program directly from high school will not receive application decisions until the summer of 2022 when high school grades become available. please make sure you select a second option when you are applying.
- Questions? Check the website <a href="https://www.douglascollege.ca/program/ctafpn">https://www.douglascollege.ca/program/ctafpn</a>
- Still unsure? See Ms. Butler before October 4, 2021.

#### **Langara Virtual Presentation for School District #43**

- **When:** September 21, 2021
- Time: 6pm-7pm PDT
- Zoom details:
- Link -

https://langara.zoom.us/j/62948655056?pwd=MDITZGNhZHBrem93aFVyWE5NK0d0dz09

- Meeting ID: 629 4865 5056
- Passcode: 239410

#### Canadian Universities Events for students

Canadian Universities Event (CUE) Virtual Fair Registration is OPEN! Interact with and learn about more than 50 post-secondary institutions across Canada.

All of our Live Events will feature representatives from participating universities ready to answer questions, provide information and get connected. Just like individual universities, each live event will look a little bit different! Check out the descriptions on the live event page to find out more on what to expect. Student events will be taking place on the following days and times:

- Monday, September 27: 4 pm 7 pm (PDT)
- Tuesday, September 28: 4 pm 7 pm (PDT)
- Wednesday, September 29: 4 pm 7 pm (PDT)
- Saturday, October 2: 10 am 1 pm (PDT)
- Monday, October 4: 4 pm 7 pm (PDT)
- Tuesday, October 5: 4 pm 7 pm (PDT)
- Wednesday, October 6: 4 pm 7 pm (PDT)
- Not sure exactly where to begin? This is a great start!
- Post-secondary is an exciting time to start exploring. Whether you are confident in your future career path or are looking to develop skills to be successful in a variety of different jobs – equipping yourself with information is the best way to make a decision that is right for you.
- Get more details and register here: <a href="https://cuebc.org/events/">https://cuebc.org/events/</a>

As part of this application process, the student will be required to upload a form letter of support from their nominating sponsor (e.g., a teacher, guidance counselor, coach).

Students interested in being nominated must speak to a teacher FIRST.

Nomination forms available from Ms. Butler.

#### LEARNING to lead



#### THE STEM PROGRAM

The Learning to Lead™ STEM program is for self-identified girls who are curious about STEM fields and want to develop the confidence to follow a non-traditional path.

25 curious problem-solvers in Grades 10-12 will have the opportunity to develop their confidence through virtually delivered workshops that identify their key strengths and core values, attain greater self-awareness and gain a supportive network of friends and mentors working in STEM fields.

#### WHAT YOU'LL LEARN

Learning to Lead™ STEM will focus on:

- Self-knowledge
- · Being a leader
- · Increasing confidence
- · Being authentic
- · Creating connections

#### PROGRAM 2021

Details of the 3-day online program:

Friday, Oct 1: 6pm-8pm PT Saturday, Oct 2: 9:30am-5:30pm PT Sunday, Oct 3: 9:30am-12pm PT 66

I recommend it to every passionate girl who wishes to feel the true essence of being a leader!



9

#### **JOIN US!**

We are looking for youth who demonstrate independent thought, a desire to contribute to their communities, and have taken on and overcome challenges.

25 participants will be selected to attend our first ever STEM program. Indigenous youth are encouraged to apply.

To nominate a student, contact Ashley Milbury (Youth Programs Manager) at ashleym@minervabc.ca

To learn more and apply, visit minervabc.ca/learning-to-lead/

Apply Before: Sep 25 2021

Thanks to our generous sponsors and donors, Learning to Lead™ STEM will be offered at no cost to participants.

# REGISTER NOW AND SEE WHAT EXPERIENCES MIGHT BE WAITING FOR YOU!

https://www.studyandgoabroad.com/virtual-education-fair/





Not simply a scholarship — we invest in potential.

#### **APPLICATIONS ARE OPEN!**



DEADLINE: OCT. 13, 2021 (before 8PM ET)

www.loranscholar.ca

In partnership with <u>universities</u>, <u>donors</u> and <u>volunteers</u> across the country, we're investing in the future of Canada. We offer the country's largest and most comprehensive four-year undergraduate award (valued at \$100,000) to young Canadians on the basis of <u>character</u>, <u>service</u> and the promise of leadership.

#### No school nomination required.

Are you the next Loran Scholar from Heritage Woods?

Do some research (<a href="https://loranscholar.ca/our-scholars/">https://loranscholar.ca/our-scholars/</a>) and if you have questions about this award feel free to visit Ms. Butler for feedback on what it means to be a Loran Scholar.

#### Post-Secondary BC (PSBC) VIRTUAL FAIRS FOR **STUDENTS & PARENTS**

www.postsecondarybc.ca

- Seven dates, open to everyone across the province, with each fair open for 10 hours. Presentations (live or pre-recorded) up to six times daily (# will vary by institution) Live text & video chat available with institutional representatives Multiple "door prizes" will be awarded to student participants after each event There will also be prizes for SCHOOL PARTICIPATION Details coming soon

Registration for students will open on Friday, Sept 24th starting at 9:00am – Register for any date.

The link to register will be on the PSBC Website

Date	Event	Timing	Notes
Thurs October 7	PSBC Virtual Fair 1		Presentation
Tues October 19	PSBC Virtual Fair 2		Times
Wed November 3	PSBC Virtual Fair 3		
Tues November 9	PSBC Virtual Fair 4	9:00 AM – 7:00 PM	9:30 am, 10:30 am
Thurs November 18	PSBC Virtual Fair 5	each event day	and 11:30 am
Wed December 1	PSBC Virtual Fair 6		
Tues December 7	PSBC Virtual Fair 7		4:30 pm, 5:30
			pm and 6:30 pm

 This is a great opportunity to gather information about all of the fabulous post-secondary options in BC.



Are you in Grade 11-12 and wondering about your career choice?

We match young cis and trans women, and gender-diverse youth in Grades 11 and 12 (mentees) with volunteer professionals (mentors) for a one-to-one mentoring relationship!

#### What to expect:

- Matches are based on career and education interests
- · Meet up monthly with your mentor
- · Attend relevant and free, online workshops and events

#### Attend an information session to learn more:

Wednesday, September 29th 4:30-5:30pm, Thursday, October 14th 4:30-5:30pm.



Details available at: ywcavan.org/HS-mentee

**APPLY TO OUR** 

#### YOUTH IBPOC/25LGBTQ+ EXHIBIT MENTORSHIP PROGRAM! ARE YOU A HIGH SCHOOL STU

SPOTS AVAILABLE

EXHIBITS WILL BE FEATURED AT THE COQUITLAM POIRIER PUBLIC LIBRARY IN EARLY 2022

SEPT 27, 2021

ARE YOU A HIGH SCHOOL STUDENT OF COLOUR OR PART OF THE 2SLGBTQ+ COMMUNITY?

ARE YOU INTERESTED IN
EXPLORING YOUR HERITAGE OR
PURSUING A CAREER IN HISTORY,
CULTURE, OR MUSEUMS?

IF YES, APPLY TO
COQUITLAM HERITAGE'S
YOUTH EXHIBIT
MENTORSHIP PROGRAM!

THROUGH THIS PROGRAM, YOU'LL BE ABLE TO:

- CREATE YOUR OWN MINI EXHIBIT
- RECEIVE MENTORSHIP FROM MUSEUM PROFESSIONALS
- LEARN THE INS AND OUTS OF A SMALL MUSEUM
- BE PAID FOR YOUR WORK



FOR MORE INFO OR TO APPLY VISIT: WWW.COQUITLAMHERITAGE.CA /OPPORTUNITIES

<u>European Universities Consortium</u> (EUC) US, Canada & Caribbean Tour is confirmed! The tour will occur October 5th - 6th virtually.

Below are the participating universities:

Bocconi University - Milan, Italy

Carl Benz School - Karlsruhe, Germany

EHL - Lausanne & Passugg, Switzerland & Singapore

IE University - Madrid & Segovia, Spain

Jacobs University - Bremen, Germany

Modul University - Vienna, Austria

Trinity College Dublin - Dublin, Ireland

Brussels School of Governance (formerly Vesalius College)

- Brussels, Belgium

The agenda for both days is **5:00-8:00 PM**: Booths open for information and chatting with university representatives.

#### Session Schedule (both days):

5:00-5:30 PM: Introduction to the EUC Universities with Q&A

5:30-6:00 PM: Q&A for Counselors

#### **LIVE University Presentations:**

Oct. 5:

6:00-6:30 PM: Studying in the Capital of Europe: Brussels

School of Governance

6:30-7:00 PM: Careers in Germany: Carl Benz School 7:00-7:30 PM: Dive into Research at Jacobs University

7:30-8:00 PM: Embrace Entrepreneurship at IE University

Oct. 6:

6:00-6:30 PM: Study with a View at Modul University

Vienna

6:30-7:00 PM: Study Business at Bocconi

7:00-7:30 PM: Explore the World of Hospitality at EHL

7:30-8:00 PM: "Céad míle fáilte" to Trinity College Dublin!

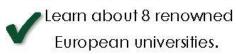
Register

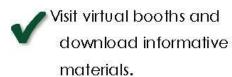
https://eucnorthamerica.europeanuniversities.eu/register

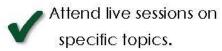


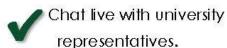
#### STUDY IN EUROPE

EUC US, Canada & Caribbean Fair
October 5: 5-8 PM EST October 6: 5-8 PM PST

























#### Submission Deadline: Sept. 26, 2021

Selection Date: October 1, 2021

Presentation Date: October 3, 2021



#### Celebrating its 30<sup>TH</sup> Anniversary

This October 3, 2021

to celebrate we are presenting:

### \$30,000 SCHOLARSHIP Community Pride!

Basant Motors is committed to the community we are a part of. The Basant Motors Scholarship is developed to honor the belief of giving back to the community. The scholarship award goes to graduating seniors furthering their education at a post-secondary institution. Each student selected will receive a one-time \$2,000 scholarship. 15 Scholarships will be awarded for a total of \$30,000.

#### **How to Apply**

#### **OBTAIN APPLICATION AT:**

www.basantmotors.com/scholarship IN PERSON: Basant Motors 16315 Fraser Hwy Surrey, BC, V4N 0G1

BY EMAIL: scholarships@basantmotors.com

#### Deadline

#### **APPLICATION SUBMISSION:**

11:59pm Sunday, September 26, 2021

#### Scholarship

#### TO BE ELIGIBLE FOR THIS SCHOLARSHIP THE STUDENT MUST:

- Be a graduating high school senior
- Have a minimum GPA of 3.2
- Demonstrate the attributes of good citizenship and service in school and the community
- Plan to attend a post-secondary institution in 2022

#### Selection

Friday, October 1, 2021

#### PRESENTATION:

Basant Motors 30th Anniversary Sale 4:00pm Sunday, October 3, 2021

Decision will be made Friday October 1, 2021. Successful candidates will be advised and results will be posted on Basant Motors website and presented at Basant Motors on **Sunday Oct 3, 2021**. Basant Motors Winners are required to be present on this day. Selection will be by an independent member committee listed at basantmotors.com.

Scholarships are being awarded in honour of the founding family members of Basant Motors, Arjan Singh & Gurmit Kaur Bath.

"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."

#### **Upcoming STEM workshops & events**

Coding for Social Change Program
Dates: Oct 2-Dec 4, 2021 (every Saturday except for Oct 9 long weekend)
Time: 10:00-11:30 am

Delivery: Online via Zoom

 Grade: 7-10\* Cost: Free

Application link: https://sites.google.com/view/sfucsc/apply-now

 \*If you're not within this grade range but would like to join the program, please email Eva at sacoord@sfu.ca.

#### An Hour Plus of Code

Date: Sept 25, 2021 (Saturday)
Time: 10:00-11:30 am

Delivery: Online via Zoom
Grade: 7-9

Cost: Free

Sign-up link: <a href="http://websurvey.sfu.ca/survey/407798654">http://websurvey.sfu.ca/survey/407798654</a>

#### STEM Speaker Series: Bioinformatics

Date: Sept 25, 2021 (Saturday)
Time: 1:00-2:00 pm
Delivery: Online via Zoom
Grade: 9-12

Cost: Free

Sign up link: <a href="http://websurvey.sfu.ca/survey/407740562">http://websurvey.sfu.ca/survey/407740562</a>

# Port Moody

# for Youth Programs



#### **Fall Programs for Youth**

\* **NEW** RAD Night Out Trips

- For youth in grades 6-12
- NEW Girls Night and Guys Night
- Registered Drop-in Youth Lounge
- Sports, Fitness and Wellness Programs
- Life Skills, First Aid & Babysitter Training
- \* Drop in Gym **NEW** More Drop-in Days

Register Tuesday, August 24 at 8am at portmoody/signmeup

## VOLUNTEER OPPORTUNITIES



#### **Volunteer Opportunity!**

The <u>Lower Mainland Green Team</u> will be removing Himalayan Blackberry, an invasive species, from <u>Mundy Park in Coquitlam near Spani</u>

Pool to help restore this natural area. Invasive species have environmental, economic and social consequences and their threat is increasing due to climate change.

#### NO EXPERIENCE NECESSARY. All ages and abilities are welcome. Instruction, gloves, tools and refreshments are provided.

- Date: Sunday September 19, 2021 Time: 9:45am-1:00pm
- Location: Spani Pool Parking Lot (exact location HERE)
- SIGN UP: www.meetup.com/The-Lower-Mainland-Green-Team/events/280549696/
- All activities follow provincial restrictions and COVID-19 Safety Measures are in place to ensure the safety of everyone at the activity.
- Safety measures include:
- Physical distancing
- Recommended masks
- Hand sanitizer provided
- All tools sanitized and gloves washed between uses
- Individually packaged refreshments
- COVID-19 screening questions
- Being outdoors in a safe environment is one way that we can improve our mental and physical health during these times and stay connected!

#### Participants will:

- Learn about how climate change impacts biodiversity locally
- Develop hands-on habitat restoration skills
- Foster a deeper connection to nature and one another
- Enhance their ability to work as a team and lead
- Feel great about revitalizing and increasing biodiversity in this local greenspace
- Acquire volunteer hours
- Realize they have the power to make a difference
- Get exercise in nature
- Have FUN!

This activity was made possible through partnership with the City of Coquitlam and the charity Green Teams of Canada.



Are you interested in Pharmacy as a career? Are you in Grade 11 or 12?

 Medicine Shoppe Pharmacy at Prairie Mall is looking for a few responsible volunteers.

 This is an opportunity to see how a pharmacy works as well as meet current UBC Pharmacy Students doing practicum.

 Please forward your resume ASAP to Medicine Shoppe either in person (Unit 1146 - 1470 Prairie Avenue in Port Coquitlam) or by email medicineshoppe409@outlook.com

 The pharmacist will make decisions near the end of September.

#### **VOLUNTEER OPPORTUNITIES!**

**Community Volunteer Connections** - Event October 2, 2021

Coquitlam Volunteer Job Fair: Door monitors, Greeters and General tasks

- This opportunity is suitable for:
- Youth (16+)
- Earning High School volunteer hour requirements
- gaining experience in working with the public
- To apply and for more information or questions, please contact Carey at

clepage@volunteerconnections.ca

#### **VOLUNTEER OPPORTUNITIES**

#### Vancouver International Film Festival (VIFF)

- Vancouver, Multiple roles
- This opportunity is suitable for:
- Youth (16+), Adults (19+)
- Love working on a team with great customer service skills
- Interest in film and storytelling on the screen
- Ushers, scanning tickets, managing line-ups, helping box office
- To apply see link above
- For more information or questions, please contact <u>volunteer@viff.org</u>

Port Moody Station Museum - loco Ghost Town Days Event - October 2, 2021

- Port Moody, Event Assistants
- These opportunities are suitable for:
- Age 14+ (anyone under age 14 needs parental consent)
- Set-up starts at 8:00 am and takedown starts at 4:00
- Volunteers also needed for super fun event tables
- To apply see link above
- For more information or if you have questions, please contact Brianne Egeto at: <a href="mailto:info@portmoodymuseum.org">info@portmoodymuseum.org</a>